

NEWSLETTER

u3a
Vall del Pop



January 2026



January 2026

President's Message "Your u3a Needs You"

Happy New Year! I hope that 2026 can be as happy and healthy for everyone as we can reasonably expect at our age.

We were very pleased to welcome more than 90 members at our January general assembly, including regular attendees, some existing members whom we have not seen for a while, plus a number of new members. A good number of existing members have already renewed their membership for 2026, which is very encouraging.

The New Year is traditionally a time for making resolutions and plans. For us it is also the moment when we begin to plan for the next year in the life of our Association, starting with the AGM on March 5th. Each year we have to elect a new committee and nominations for committee members, whether existing or new, must be submitted by January 22nd. Full details appear later in this newsletter and you should also have received an email on the same subject.

This year we have a particular need for a Vice-President, Assistant Secretary and Public Relations Officer. Please contact Paula or me if you would like to know more about any of these roles. In addition, at least two of our "vocales" will not be standing for re-election. These positions could be described as "ministers without portfolio" and are a great way of seeing how the Committee works and joining in our collective decision making, without taking on any more specific personal responsibilities.

Please consider whether you would be a good fit for any of the above or whether you know someone who might be. I think I can honestly say for all the existing Committee members that we enjoy the things we do together and are grateful for the friendships made!

Best wishes,
Chris



January 2026

NOTICE OF ANNUAL GENERAL MEETING TO BE HELD ON THURSDAY 5TH MARCH 2026

At Polivalent, Murla

The Annual General Meeting is where you have the opportunity to elect your new committee for 2026/2027.

We welcome any of our members who are willing to join the committee, where all positions are available for election.

A full list of the positions is below and we hope that some of you will consider putting yourself forward for election.

U3a Vall del Pop Election of Officers to the Committee for 2026/2027

Please note: at each Annual General Meeting, the next being on Thursday 5th March 2026, all committee positions fall due for election or re election. If you would like to be nominated to any of the positions, please speak with Paula Barrett, secretary or drop her an email before 22nd January 2026 to complete the nominations form secretary@u3avalldelpop.com.

The available positions for election are:

- President
- Vice President
- Secretary
- Assistant Secretary
- Treasurer
- Membership Secretary
- Groups Coordinator
- Travel and Entertainment Coordinator
- Hospitality Officers
- Public Relations Officer
- Vocale (a committee member without any specific role or brief)

All interested members, expressions of interest must reach Paula Barrett before Thursday 22nd January 2026 on original form sent previously by email or a scanned copy sent electronically. All nominees, proposers and seconders must be fully paid up members of our u3a.



January 2026

General Assembly - January

Small Food Choices, Big Difference

Demi Hobbs joined our January meeting from Din Dins and delivered an inspiring talk.

One of the freedoms of living independently is that no one keeps an eye on what we eat. No one notices if meals become simpler, more repetitive, or more reliant on convenience foods — especially when life gets busy.

Most people don't stop eating well because they stop caring. It usually happens because cooking, shopping, and planning start to feel like effort. On tiring days it's easy to think, "I'll just keep it simple today." And at the time, that feels perfectly sensible.

The challenge is that these small choices add up quietly. Nothing dramatic happens straight away. Instead, changes show up slowly — less energy, feeling a little less steady, or taking longer to bounce back after illness. These things are often blamed on age, when in reality they're often about fuel.

The good news is that small improvements work just as powerfully. Eating well doesn't mean complicated cooking or strict diets. It means making regular, balanced meals easier and more consistent, without relying on motivation every day.

Not every meal has to be perfect. Enough of them just need to be good.

Using support around food doesn't mean giving up independence. Most of us already outsource tasks to protect our time and energy. Food is no different. What matters is knowing your options before you actually need them — whether that's batch cooking, sharing meals, or using services that support balanced eating alongside home cooking.

Here locally, Dindins began with exactly this idea — not to replace home cooking, but to support it.

Protecting independence isn't about one big decision. It's about noticing small patterns early and making gentle adjustments that help us stay active, confident, and se



**Click the Din Dins link
for more information
Choices available
and prices**





January 2026

Friendship & Support



On Wednesday 10th December 2025, 21 of our members enjoyed a lovely festive lunch at the bistro El Taller in Jalon. The food and atmosphere was great and everyone enjoyed it very much.

(The team at El Taller run a project where they offer training to young people, teaching them how to cook and work in catering)





January 2026

Happy Birthday John Redmond



John has been a long-standing member of U3a since its inception and has just celebrated his 95th birthday 🎂

He is well known for his great personality, sense of humour, banter and also his infectious laugh.

He's been a regular member over the years of the ' Let's Sing ' , Indoor Bowling, Table Tennis and Badminton Groups.

Formerly, a regular member of the Spanish Conversation group too.

Latterly he co- ran the ' Just Men ' luncheon group, now under the name ' Men who Munch '

Now he is a regular of the Friends and Support Coffee meetings where he has gained the nickname ' John the Elder '

HAPPY BIRTHDAY JOHN! 🎂





January 2026

Christmas Visit to Alicante

On the afternoon of Saturday 13th December 48 of us set off to visit Alicante to see the Christmas market and lights.

Unfortunately, despite having researched the trip extensively, it soon became apparent there wasn't a Christmas market to be seen! We kept bumping into members of our group who were all hunting, but the Tourist Information office confirmed our searching was in vain despite it being advertised!



However there is plenty to see and do in Alicante so shopping, eating, drinking, visiting the huge nativity scene in the Ayuntamiento square and generally wandering and enjoying the city was the order of the day. Some even visited the various museums.



Once it grew dark and the lights came on the city came alive with many Spanish strolling the promenade and the numerous street bars and restaurants filled up.

The highlight of the trip for me was the coach tour around the city after dark to see the incredible Christmas lights. Every street had different decorations and they were truly stunning, on the scale of Disney, and worth a trip to see them alone. One building, possibly a church but we weren't sure, housed a spectacular display in the grounds which attracted huge crowds with giant decorations. Everywhere you looked was winter wonderland, truly magical.

Maybe next year we will also find a Christmas market!



January 2026

Santa's school visit to Murla school

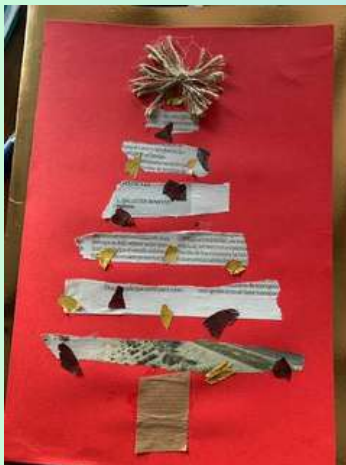


Santa/Papa Noel paid a very welcome visit to the children of Murla school on Thursday 18th December with a sack full of sweets for the children (and staff!). There was great excitement on lots of the faces (the older ones were playing it cool!) and it is heart warming to see the innocence of little ones still.

Every child in the school joined us and each class sang a lovely Spanish song accompanied by actions. We were invited to sing for them but gracefully declined!

Papa Noel the gave out the sweets as each child waited patiently for their turn and were very good in not opening the bags; they had been told they were to be taken home.

They then presented him with many handmade cards which we will bring to January's General Assembly so members can see their lovely work.



The staff were very grateful to all our members for their support for the school. You will recall we have donated a trampoline and a wonderful electric piano to them.

It really is a lovely village school with a fantastic ratio of 13 full and part time teachers to 52 children. They are very lucky indeed.

We left feeling more in the festive spirit and perhaps missing our grandchildren in the UK a little more.



January 2026

The Entertainers at the Gandia men's shelter

Marian and Bill White, Teresa and Andy Keay, Sheila Skinner, Chris and I were delighted to join Jalon Valley Help and The Entertainers for a wonderful Christmas celebration at the men's shelter at Gandia on Saturday, 20th December.

You will be aware we support them with donations of medication, clothing, toiletries etc for which they are very grateful. In fact I made a 3rd run earlier in the week with the biggest car load yet. Our first car load was valued at over 3500 euros, so I guesstimate we have saved them over 10,000 euros in the cost of medication so far.



Our donations made a huge difference to the men's health and welfare as well as saving the shelter a significant amount of money, all of which has to be raised via donations.

This time we took 65 Christmas gifts of biscuits, chocolate, nut and toiletries, all kindly festively wrapped by Sally Ellis and Teresa Keay; thank you both.

It was a wonderful celebration by The Entertainers who never fail to put on a fabulous performance, despite one member absent with flu and another feeling rough. They are incredibly generous with their time for so many charities and it was lovely to support them.

Unfortunately the shelter had been hit by the flu and many of the residents were in isolation, but those who attended seemed to really enjoy it.



January 2026

Project 4 All homeless persons Christmas party

The previous evening Chris and I had attended the Project 4 All Christmas party for the homeless, another charity our u3a members generously support via Goodwill.

It was great fun to see so many people who have so much less than us materialistically having a wonderful time dancing and singing. The venue was transformed into an amazing winter wonderland (free of charge) with 30,000 sparkly lights, huge Christmas trees and a gold Cinderella carriage.



Their President, Arne Soeten, arrived riding a full size reindeer (don't worry, not a real one!). The pile of donated gifts for all the homeless people on the Costa Blanca had to be seen to be believed, as well as clothing and sleeping bags. What amazing generosity there is in our community.

Arne was very grateful for our donation this year to Project 4 All from Goodwill funds. They run 2 homeless shelters locally as well as feeding 120 people daily who live on the streets between Denia and Calpe and also supply food boxes to local families in need. All of this relies totally on donations.

Thank you so much for all you support which enables us to help these, and other, amazing local charities. We made sure all donations were received before Christmas as this is a costly time for all charities.

May 2026 be a kind and safe year for everyone.



January 2026

u3a Vall Del Pop Goodwill Team

After a bumper year of fundraising in 2025 we were delighted to make charity donations to 8 local charities on your behalf as advised at the December General Assembly.

These were made in early December so the charities could use them for Christmas or to support during the winter months which is often the time of greatest need.

All were incredibly grateful as you can see from the comments below:

From Jalon Valley Help

The support of U3A in providing two medical beds is greatly appreciated.

As you know they are expensive but an important aid due to the health policies that apply in Valencia. Many very sick people do not realise how essential they are and are reluctant to get one. However once installed the difference it makes to them and the carers looking after them is amazing. In many cases it is the last thing we can do for someone who is terminally ill and it is a privilege to provide help in this situation.

We have been near zero at times and had to borrow a bed from Cancer Care who we support with storage space for their equipment. We have deployed the older beds for long term patients so this is a very timely donation and on behalf of Jalon Valley Help I would like to thank the Goodwill team and the U3A members for their generous donation.



From Cancer Care

Thank you so much for your kind email giving us a further €xxx for our charity. Your U3A are just amazing.

On behalf of Cancer Care we send a sincere thank you for your recent donation of €xxx received from Vall Del Pop U3A.

You have all been so generous in supporting the charity over the recent years and on a more personal note we are incredibly lucky to have your help and commitment to support our charity. As you know all our funds go to continuing our Cancer Care nursing team, helping patients and their families and friends through their cancer journey.



January 2026

u3a Vall Del Pop Goodwill Team cont.

From Make a Smile for Benissa Children's home

A huge thank you to you and all members of the U3A Vall del Pop for the very generous €xxx donation to Make A Smile. What an incredible amount!

As Tony mentioned we will be putting this towards our Christmas appeal and spending the funds on the Benissa home over the holidays.

We can't thank you enough for the continuing support.

Just wanted to thank you and all the U3A members for their generosity and kindness towards the children this Christmas. It allows us to buy a Christmas present and Day of the Kings for each child in the Benissa home, we're planning a few treats over the Christmas holidays also to help cover some of the costs towards getting the kids back to school in January with vouchers etc. once again a huge big thank you.

From ARC Animal rescue charity

Thank you so much. I will put in a big order for zooplus and give Jose something towards the large vet bill. Very much appreciated.



From Project 4 All

You are rockstars! Thank you to everyone who is involved. Amazing!

From Caritas Jalon/Lliber

*Thank you so much for everything, and we are very grateful from the Cáritas group for everything. A big hug. From Caring for Cats
As always, Thankyou xxx*



Paws Xalo dog rescue

*To the u3a Vall de Pop Goodwill team
Paws Xaló would like to thank the Goodwill Team for your amazing donation of xxx euros. As many of you will know Paws, alongside the Ajuntament de Xaló, are building 5 more kennels at our shelter and this donation will help towards much needed equipment.*

Thank you once again for all your hard work throughout 2025, your support for Paws and the other associations is very much appreciated.

From Jayne and all the Paws team



January 2026

u3a Vall Del Pop Goodwill Team cont.

Makes all our hard work and your very generous support worthwhile and we are very proud of our u3a's wonderful support to our community. Thank you.

We also made donations throughout the year to:

Age in Spain. No Nolotil campaign, Volunteer Bomberos

Royal British Legion, Jalon Valkey Help, Cancer Care

Caritas Jalon/Lliber, Caritas Murla/Benigembla, Men's shelter, Gandia

Tax Relief on Private Medical Treatment in Spain – Are You Claiming It?

Last year following dental treatment, I discovered tax relief on private medical treatment, and it appears that this facility has been available since 2024, although it is certainly not widely publicised. Since learning about it, I have spoken to numerous people who had no idea that this tax relief exists. When I made a claim in my 2025 tax return, it reduced my tax bill by over €100 — a welcome saving for something we often assume is not claimable.

If you are a fiscal resident in Spain, you may be able to claim tax relief on privately funded medical treatments. These can include dental, optical, audiology, podiatry, physiotherapy and other general medical treatments carried out privately.

In our case, we do not have private medical insurance, so we pay for any treatment that is not covered by the Spanish NHS. From what I understand, payments must be made by card and receipts retained. These can then be submitted by your gestor as part of your annual tax return. I have spoken to our gestor, M & A in Jalón, and am currently waiting to hear whether claims can be backdated if, due to lack of knowledge or simple oversight, they were not included in a previous tax return. For example, a privately paid mammogram.

I do not know whether this relief applies to those who have private medical insurance — it may not — but this is something your gestor should be able to clarify.

As this tax allowance does not appear to be common knowledge, I felt it would be helpful to share this information with U3A members before they begin preparing their tax returns for last year. It could make a worthwhile difference.

If in doubt, speak to your gestor and check whether you may be entitled to claim.



January 2026

U3A Monday Ramblers

1 December 2025 – Parcent to Alcalali



The weather forecast promised rain, so we all came prepared to get wet, but in fact we had a rain free, but cold, walk from Parcent to Alcalali. It is always difficult to decide when to cancel a walk due to the weather, here in the valley forecasts are often wrong. There is only one thing worse than to cancel a walk and then wake up to a sunny morning, and that is to walk and get heavy rain half way through the walk.

8 December 2025 – Alcalali to Parcent

Numbers often decline during December, as members depart to spend Christmas and New Year with their families. Today there were 13 regular members who were unable to walk, but we still managed a group of 23.



15 December 2025 – Jalon to Alcalali

Another forecast of heavy rain, but we could not cancel the last walk before Christmas break.

Most wore a festive hat or jumper, and we had stollen on our banana break. Better still the rain did not make an appearance.



As we come to the end of another year, our tenth since we started the group, we would like to thank all members who supported the group not only during 2025 but everyone who had walked with us since that first circular walk from Castell de Castells on 15 October 2015.

**If you would like more details about the group
please send an email to pauleniston@hotmail.com**



January 2026

Ladies Lunch - 15th December

The Ladies have had a full year of lunches, at various restaurants across our valleys. I can't say it is easy trying to make a choice for everyone, but I hope that most of the time you have enjoyed them.



Thirty of us joined together for our Christmas Lunch at Il Mondo in Jalon where we were entertained with music from Massimo and we even persuaded Judy to take the microphone too. We were all up singing and dancing for the afternoon.

By the time you read this we will be in 2026 I hope that you all have a Happy New Year and join me again for another round of monthly lunches.

I have booked La Solana in Alcalali for Tuesday, 20th January 2026 and details have been emailed to all.

If, you are a new member and would like to join us please make sure your correct email address is recorded by Barbara on the membership desk. All invitations will go via a general email in future.

Best Wishes Sally.



January 2026

u3a Vall Del Pop coffee mornings 2026

We look forward to seeing you at the following events.

No need to book, just turn up.

Please note, occasionally dates and venues may have to be amended so please keep an eye on the new website or Facebook for updates.



Members General Coffee Mornings 11.00am

22nd January
Blanca Bikes Parcent

18th February
Resto Bar Quijote Orba

19th March
Blanca Bikes Parcent

Friendship & Support Coffee Mornings Weds 10.30am

My Mercat, Jalon

January 28th

February 11th & 25th

March 11th & 25th





January 2026

2026 Trips

Lots to look forward to in 2026

All are/will be on Facebook and our website (when confirmed) and in our newsletter. All can be booked and paid for at General Assemblies and monthly coffee mornings or reserved via e mail. Don't miss out! They can sell out fast.

Trip to Xativa

10TH MARCH 2026



IKEA & Bonaire Shopping Centre

14TH APRIL 2026

Trip to Novelda

12TH MAY 2026



Jazz Sunset Cruise

28TH JULY 2026



January 2026

u3a
Vall Del Pop
Raising Money for Local Charities

Spring Fayre & Car Boot Sale

3rd May 2026
XALO/Jalon (Rastro Site) 10- 2pm

Stalls 10 euros
Vans & Trailers 15 euros

Payable in advance by bank transfer
To reserve your spot contact
goodwill@u3avallpop.com

Live Music, BBQ & Refreshments

NEWSLETTER

u3a
Vall del Pop



January 2026

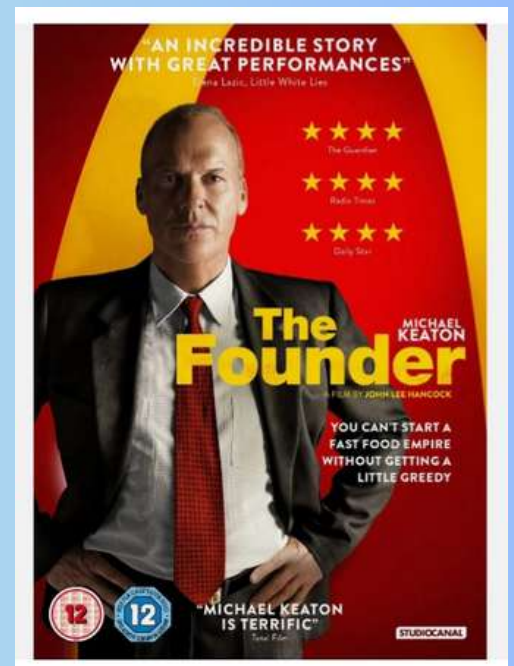
Cinema Club

All welcome, sit back and enjoy a fabulous movie.
Variety is the spice of life and we aim to show a good mix of movie genres.

We always welcome any suggestions of what you would like us to show at future dates.
Please let us know of any special requests or a new release
and we will try to obtain it for showing..

Showing Soon

DATES TO BE CONFIRMED



26th January, 9th February, 23rd February

Doors open 6.45pm for a 7.30 start.

Jalon Salon (next to Town Hall) - 2 Euro donation

Non-members can enjoy a 1st taster visit, you can bring a friend or guest along for one visit



For further information contact
Christine Brazier
justnanny@live.co.uk



www.u3avalldelpop.com



January 2026

ChairFit - New Exercise Class **Starting Wednesday, January 28**

A fun, low-impact, joint-friendly fitness class
designed for all levels!

Jacintha offers exercise options to suit individual needs
and will check for any injuries before starting

Centre Social Jalón (Pensionistas)
Every Wednesday morning, 11:00- 12:00
€20 per calendar month
€6.50 pay-as-you-go

Physical Health Benefits

- Improves strength
- Improves mobility
- Improves balance
- Improves cardiovascular health

**First
class
FREE!**

**Stay
fit
together!**

Mental Health Benefits

- Boosts mood
- Improves focus
- Builds confidence

Instructor: Jacintha Hoogewerf
Contact:  634 320 606
 jacinthahoogewerf@gmail.com

Qualified and fully legal fitness instructor





January 2026






GROUP ACTIVITIES

Join in and meet new friends!

Activity groups meet regularly to pursue common interests. You can learn new skills or brush up on old ones, and it's a great way of making new friends!

The Group Co-ordinator is available to assist and advise in starting new groups or to help existing groups to recruit members etc Teresa - Group Co-ordinator - activitygroups@u3avalldelpop.com

If you would like to promote your group in a future Newsletter Please contact Linda at news@u3avalldelpop.com

	Activity	Contact
	Allotment - We have a large 6m x18m allotment in Jalon. There is a shed and water on site.	SUE HARVEY & BRIGID REDMOND brigred4119@gmail.com
	Ballroom, Latin & Sequence Dancing - Whatever your level of fitness, ballroom dancing is a great way to exercise and meet new friends.	<u>DUNCAN THOMPSON</u> dtheys14d18m@gmail.com Telephone: 634 33 46 89
	Bridge - The aim of this group is to provide an opportunity for people to play bridge in a relaxed and friendly atmosphere. Riu Rau in Jalon.	WENDY SIM wendy.sim1@hotmail.com Telephone: 711090516
	Canasta - We meet every Tuesday afternoon at Casa Claudia in Jalon. New members would be very welcome to join us.	MARY WOOD marywoodspain@gmail.com Telephone: 675 674 301
	Chair Fitness - Low impact, joint-friendly exercise class from qualified, experienced instructor	Telephone 634320606 jacinthahoogewerf@gmail.com

NEWSLETTER

u3a
Vall del Pop



January 2026

	Activity	Contact
	<p>Cinema - We aim to show a wide range of films in English. If you want to be included in the Cinema Group mailing list please contact Group Leader.</p>	<p>CHRISTINE BRAZIER justnanny@live.co.uk</p>
	<p>Digital Photography - Our aims are to develop our digital photography skills in a social and safe group setting; and importantly, have fun doing so.</p>	<p>DAVID BROCK Davidandeileen50@yahoo.co.uk Telephone: 606 995 919</p>
	<p>Dining Experience - Is now venturing outside the valley. Members can recommend an old favourite that they enjoy or a new venue to try.</p>	<p>Paula Barrett secretary@u3avalldepop.com</p>
	<p>Dru Yoga - A gentle but powerful workout. It calms and reduces stress, improves focus, physical strength, balance and energy.</p>	<p>SALLY MILLANE Sallysunshine436@gmail.com</p>
	<p>Game Addicts - We are a group that likes to keep those grey cells active, and pride ourselves on being a friendly, light hearted crowd.</p>	<p>GORDON RODMAN boneinjalon@gmail.com Telephone: 693 725 199</p>
	<p>Ladies At Lunch - We want to 'spread the wealth' so we plan these lunches at a variety of restaurants across our region.</p>	<p>SALLY ELLIS U3aladieslunch@gmail.com</p>
	<p>Let's Sing Together...For Fun - Love to sing anywhere, any place, when a tune pops into your head. We sing songs that we enjoy, are fun and lifts our spirits.</p>	<p>PAUL CORAZZO paulcorazzou3a@gmail.com Telephone 603717784</p>
	<p>Mahjong - Vinyaters Xalo Thursday at 2.30pm A game rumoured to be around 2,500 years old, that is similar to Rummy, played with tiles.</p>	<p>BERYL COMAR berylcomar@gmail.com</p>
	<p>Men Who Munch - What happens at "Men Who Munch" stays at "Men Who Munch" Come on Guys, join in with our get togethers at various local bars or restaurants.</p>	<p>GORDON SIM Thomassim007@gmail.com</p>

NEWSLETTER

u3a
Vall del Pop



January 2026

	Activity	Contact
	Mosaic 1 - We create decorative mosaics using glass and ceramics. Join us to learn how to do this fascinating hobby. Contact group leader	LIZ WILLIAMS Lizwilliams2008@live.co.uk Telephone: 684116089
	Mosaic 2 - Group buys materials to share, and have all the necessary equipment to create Mosaics. Contact group leader for more information.	SUE WILLIS suewillis2@hotmail.com MONIQUE LECKIE monileck@aol.com
	Open Forum - We meet fortnightly to discuss a variety of different topics, both serious and light-hearted. We are all different but we are all equal here!	ANNESLEY SINCLAIR annesleysinclair@gmail.com Telephone: 965730605
	Petanque - We meet every Wednesday & Friday mornings in Lliber	GERRY BACON Gerard.bacon@yahoo.com Telephone: 600 652 821
	Spanish Conversation - An opportunity to practise Spanish you have learnt in a casual conversation. Beginner, expert, or somewhere in between?	HEIDI MORGAN mike_heidi@hotmail.com
	Spanish Lessons - The tuition is informal, in English, with plenty of opportunities for conversation and gaining confidence in a friendly and relaxed group.	CARMEN carmenmasfemenia@gmail.com
	Walking Groups - Make friends with others who enjoy exploring the excellent hill, valley and coastal walks. When possible we visit a local bar for refreshments.	JAN AND PAUL LENISTON paulleniston@hotmail.com Telephone: 651 633 198
	Yarn & Thread - Anything to do with yarn and thread is welcome. We meet on the 2nd and 4th Monday morning of the month in Orba.	LORNA BOTTEN lornabotten@gmail.com Telephone: 96 558 3484

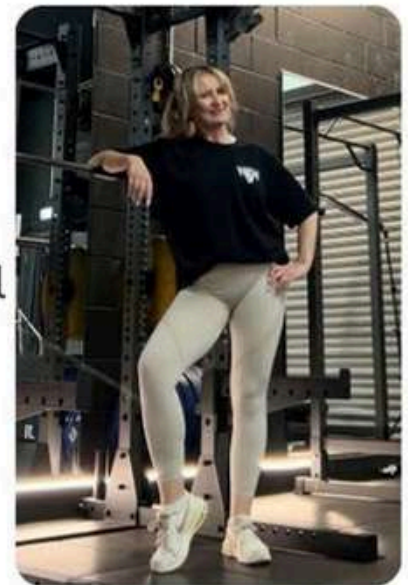


January 2026

Working in Collaboration with other organisations

How to be **STRONGER AT ANY AGE** An Informative, Myth-Busting and Empowering Workshop

- Learn why building lean muscle is essential during peri-menopause, menopause, and beyond.
- Understand the roles of strength training and yoga and how they complement each other.
- Bust myths around lifting weights, protein and supplements
- Discover why it's NEVER too late to begin.



Saturday 17th January

10:00 - 12:30



Alcalali



€20 Refreshments provided



Sponsored by Jalon Valley Help



January 2026

Working in Collaboration with other organisations

 DOG RESCUE 

FABULOUS FASHION SHOW

A 'FUN' - DRAISING EVENT
Wednesday 13th May 2026

PENSIONISTAS/LIBRARY, XALO
(NEXT DOOR TO SPORTS CENTRE)

TICKET ONLY € 8
TICKET PRICE INCLUDES CAVA & CAKE/SAVOURY

SHOWCASING

**FABULOUS SPRING/SUMMER FASHION
CAKE/SAVOURY STALL
RAFFLE & GUEST APPEARANCE**

ALL ITEMS AVAILABLE TO BUY ON THE DAY PLUS
ACCESSORIES, SHOES AND BAGS

TICKETS AVAILABLE FROM PAWS CHARITY SHOP

DOORS OPEN 10:00AM
SHOW TIME 11:00-14:00



January 2026

Working in Collaboration with other organisations



THE ARTS SOCIETY MARINA ALTA PRESENTS FRANK GEHRY: STAR ARCHITECT By DRS. HELEN SIJSLING

WEDNESDAY, 4 FEBRUARY 2026



Gehry is a highly acclaimed American architect best known for his sculptural designs. He is considered one of the most influential architects of our time, with iconic works like the Guggenheim Museum Bilbao. Helen explores why Gehry's flamboyant style and challenge of traditional norms made him a subject of both admiration and criticism.

Morning lecture: Espai La Senieta, Avda. de Madrid 15, 03724 Moraira
Doors open at 10.15 for 11.00 h lecture.

Evening lecture: Casa de la Cultura, Plaça de Baix 6, 03730 Jávea
Doors open at 18.45 for 19.30 h lecture.

FREE ADMISSION FOR TASMA MEMBERS.

GUESTS WELCOME BY PREPAID €15 DONATION VIA WWW.ARTSOCMA.ORG

Why not join us for as little as €7.50 per lecture over a 12-monthly period.
Sign up for a Free Subscription to our What's On E-Journal about national exhibitions
and the local cultural and social scene, plus Newsletter, by emailing:
marinaalta@theartssociety.org.



We thank our Sponsors: Blevins Franks;
The Agency RE; Currencies Direct; Harvey Lawyers.





January 2026

Working in Collaboration with other organisations



Prepare to Be Provoked. Prepare to Be Moved.

Step into the gripping world of *Doubt: A Parable*—the Pulitzer Prize-winning masterpiece by John Patrick Shanley directed by Tony Kitlinsky.

With razor-sharp dialogue and unforgettable characters, this is theatre that doesn't just entertain—it challenges, inspires, and lingers long after the curtain falls.

Don't miss this powerful production.

February 9 to 14 at 8pm

Javea Players Studio Theatre
Cronista Figueras Pacheco 6, Javea

Tickets 12.50€ to book <https://javeaplayers.com/bookings/>

Choose and Book seats from January 8

We look forward to welcoming you.